

## **Course Contents for Social Group Work**

### **Objectives**

The course will familiarize the students with the concept and methods of group work, its purpose, principles, group dynamics, group developmental stages and important elements of group dynamics like group structure, group members, and group leaders. It will also enable the students to practically observe the functioning of groups being administered for different age groups in different social welfare agencies during their field work.

### **Course Contents**

1. What is Group, Social Group and types of Social Groups
2. Definition, purpose and importance of Social Group Work
3. History of Social Group Work
4. Principles of Social Group Work
5. Group Work Process (Diagnosis treatment and evaluation plan in Social Group Work)
6. Planning Group Work
  - a. Clarity of Purpose
  - b. Available Resources: Human, Financial, Technical, Material etc.
  - c. Selection of Specific Method of Social Group Work
  - d. Selection of Physical Settings and Non-physical Setting
  - e. Duration of the Group Work
  - f. Types of Group Members: Homogenous & Heterogeneous Nature
  - g. Mechanism for Evaluation of Group Performance

### **Mid Term**

7. Recording in Group Work
8. Leadership in Social Group Work
9. Group Development Stages and role of Social Group Worker (Forming, Storming, Norming, Performing and Adjourning)
10. Skills needed for Social Group Work practitioners
11. Role of Social Group Worker in prevention, habilitation and rehabilitation
12. Social Group Work Services with deprived persons
13. Issues and trends in Social Group Work in Pakistan.

### **Final Term**

### **Recommended Readings**

1. Alissi, A. S. (2008). *Perspectives on Social Group Work Practice*. Simon and Schuster. Clique
2. Cohen, C. S. (2009). *Strength and diversity in social work with groups*. New York: Routledge.
3. Garvin, C. D. & Guti, L. M. (2004). *Handbook of social work with groups*. New York : The Guilford Press .
4. Gitterman, A. (2009). *Encyclopedia of social work with groups*. London: Routledge.
5. Glisson, C. A., Dulmus, C. N. & Sowers, K. M. (2012). *Social work practice with groups, communities, and organizations*. New Jersey: Wiley.
6. Jaques, D. & Salmon, G. (2007). *Learning in Groups*. USA. Routledge.
7. Lindsay, T. & Orton, S. (2011). *Groupwork Practice in Social Work*. London: Sage.
8. Malekoff, A. (2004). *Group Work with Adolescents: principles and practice*. Spring Street, New York.
9. Mark Doel. (2006). *Using Group Work*. USA and Uk. Routledge.
10. Sullivan, N., Mitchell, L., Goodman, D., Lang, N. C. & Mesbur, E. S. (2003). *Social Work with Groups: Social Justice through Personal, Community, and Societal Change*. Binghamton. The Haworth Press.
11. Zastrow, C. (2006). *Social Work with Groups: Comprehensive Workbook*. Cengage.